

WORTHING NEWS FEBRUARY 2024

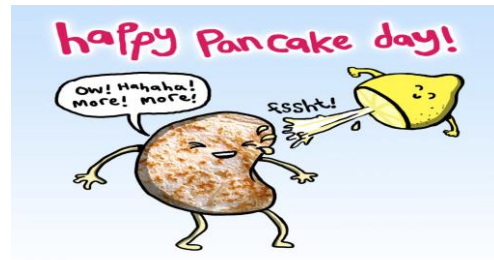
Happy New Year everyone Are your Christmas Decorations now down and stored safely away? Well done, hope you had a cracking Christmas. What's next on the "agenda"? Time to get the frying pans out as PANCAKE DAY is just around the corner.

Here you go Mums & Dads, and children, your time to raid the kitchen cupboards to use up eggs, flour and milk on TUESDAY, 13th February, the day before the start of Lent.

To take part and get started, you will need:

- 125g plain flour
- 1 egg
- 300ml milk

And so the fun begins. If you've no recipe of your own, try this one below, how to make your pancakes:



- Sift flour into a bowl and make a hole in the middle. In a separate bowl, whisk together the egg and milk and pour them into the hole.
- Whisk the mix with some flour and gradually start adding the rest of the flour until you have a smooth batter. Cover the bowl and leave for 30 minutes.
- Heat a frying pan to a medium heat and spray some cooking oil. Using a ladle, pour some of the mixture into the pan and tilt the pan until it spreads out evenly.
- Cook one side of the pancake until it is slightly browned and toss or flip it over, or if you are not brave enough, use a slice or palette knife will help. Cooking time will depend on the hob but it's 60 seconds on each side.
- Make sure to spray cooking oil before each pancake and cook until the batter is finished.
- Stack all pancakes and add your favourite toppings which could be some scrummie and mouth watering layers with perhaps syrup, lemon, fruit, ice cream or even chocolate, but enjoy while you can before any fasting begins during Lent.

I wonder however, who will succeed in tossing their pancake and leaving it stuck on the ceiling?

The Christian tradition of Lent will begin on Ash Wednesday 14th February for 40 days and ends Saturday 30th March. This is when many Christians prepare for Easter by observing a period of fasting, repentance, moderation and spiritual discipline. Time is set aside for reflection on Jesus Christ – his suffering and his sacrifice, his life, death, burial and resurrection. With this in mind, Worthing Church will be holding a luncheon, we hope you are able to join us.

BISHOP'S LENT DIOCESAN APPEAL 2024

**LENT LUNCHEON
ON SUNDAY 10th MARCH
FROM 12 NOON**

A simple luncheon of soup and rolls will be served in the church and any kind donation received will be passed on to support the installation of 25 new water tanks which are essential for student homes located near Popondetta Town in Oro Province.



No booking necessary,
please drop by and visit.
St Margaret's Church
for lunch.

**" RAISING FUNDS FOR THE
ANGLIAN CHURCH OF
PAPUA NEW GUINEA,
NEWTON THEOLOGICAL
COLLEGE."**

This college plays a crucial role in providing spiritual formation, professional development, and academic rigor for those preparing for ordained ministry. Living with their families on campus, during their time at the college, they study, grow their own food, and cultivate gardens on the college grounds.

Contact details for Celia Daniel on tel: 01362 668928 or email: c.daniel784@btinternet.com

FEBRUARY SUNDAY CHURCH SERVICES - St Margaret's

11th and 25th both starting at 10.30am Refreshments will be available after each service together with an opportunity to meet up and share in some friendly banter. *We hope you can join us.*

Advance Notice:

ANNUAL EASTER SUNDAY DUCK RACE – 31st MARCH, 12 NOON, WORTHING RIVERBANK